

<b>Healthier Communities Select Committee</b>			
<b>Report Title</b>	The Annual Public Health Report 2013		
<b>Contributors</b>	Danny Ruta, Director of Public Health	Item No.	6
<b>Class</b>	Part 1	Date:	18 March 2014

## **1. Purpose**

- 1.1. The purpose of this report is to inform the Healthier Communities Select Committee of the proposed content of The Annual Public Health Report 2013 (APHR).

## **2. Recommendation/s**

- 2.1. Members of the Healthier Communities Select Committee are recommended to:
- 2.2. Comment on the content of the report

## **3. Policy Context**

- 3.1. Publication of an Annual Public Health Report (APHR) is a new statutory duty of local authorities which was introduced by the Health and Social Care Act (2012).
- 3.2. Achieving a healthy weight in children and adults is a priority in Lewisham's Health and Wellbeing Strategy and the Children and Young People's plan. The Government's publication Healthy Lives, Healthy People: a call for action on obesity (2011) highlights the health risks of obesity and that individuals should be supported to make healthier choices. The Annual Public Health Report 2013 will be dedicated to this topic and produced in the style of one of Britain's best selling women's magazine, with the aim of being accessible to the general public, with a particular focus on families. It will provide information in an appropriate format on the scale of obesity and overweight in Lewisham's children and adults, the risks of obesity and what is being done in Lewisham to address this issue.
- 3.3. The publication will also support achieving the Sustainable Communities priority for Lewisham of healthy, active and enjoyable-where people can actively participate in maintaining and improving their health and well-being.

#### **4. Background**

- 4.1. The prevalence of obesity in adults and children in England has more than doubled in the last twenty-five years. A modelled estimate of adult obesity prevalence in Lewisham is 23.7% which is not significantly different to the England average. Recently published data for Lewisham on the prevalence of excess weight (overweight and obese) in adults is 61.2%, similar to the national average but higher than the London average (57.3%). Maternal obesity data indicate a higher rate than the England average. For children the prevalence of obesity is significantly higher than the England average with 10.7% of reception children and 23.3% of year 6 children obese (2012/13). Obesity levels tend to be higher in deprived areas.

#### **5. Proposed content of the APHR 2013**

- 5.1. The APHR 2013 will be made up of three separate sections.
- 5.2. The first will be the publication of the magazine with a focus on prospective parents, pregnant and nursing mothers and families and carers of children. It will also contain information and advice that parents and carers can pass on to older adults in their family. It will provide information on the risks of overweight and obesity but the focus will be on how and why making healthy choices on diet and physical activity can enhance the health of families. It will give information on what resources are available in Lewisham to support families to make a healthy choice. Such as breastfeeding support, introducing solids, cooking skills courses, resources in local libraries, free swimming for young people and older people, activities run in schools such as 'Bike it' and weight management services.
- 5.3. The second section of the APHR 2013 will provide an update on the Progress of key Public Health Outcomes. This will include information on performance, benchmarking and key actions proposed for 2014/15 on the following topics: Immunisation; Tackling Tobacco; Promoting Healthy Weight ;Increasing Physical Activity; Improve Sexual Health, Reduce Premature Cardiovascular Mortality; Health Checks, Reduce Premature Mortality from Cancer, Improving Mental Health; Improve maternal and infant health; Reduce Alcohol –related harm and Health Protection. This section of the report will be published electronically through the Lewisham JSNA website.
- 5.4. The third section of the report will be the electronic publication of resources to support weight management by health professionals. These include the Weight Management Care Pathway for both children and adults and a range of other resources.

#### **6. Financial implications**

- 6.1. There are no specific financial implications arising from this report.

**7. Legal implications**

7.1. There are no specific legal implications arising from this report.

**8. Crime and Disorder Implications**

8.1. There are no specific crime and disorder implications arising from this report.

**9. Equalities Implications**

9.1. There are no specific equalities implications arising from this report however addressing health inequalities is a key element of these publications.

**10. Environmental Implications**

10.1. There are no specific environmental implications arising from this report.

If there are any queries on this report please contact  
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